



# 3-IN-1 DEBUT RACE

**21.1 km**

**R180**

Pre-Entry

**07h00**

**10 km**

**R120**

Pre-Entry

**07h15**

**4.9 km**

**R80**

Pre-Entry

**07h30**

**T-Shirts:  
R180**

Last orders:  
20 April '26



## RACE DETAILS, PRIZES & ENTRIES

### Prizes

- Prize money awarded for 1st, 2nd, and 3rd place in all race distances
- Winners must be present at prize giving to claim prizes
- Prize Giving: 11:00

### Prize Money

10 km - 1st: R500 | 2nd: R250 | 3rd: R150  
21.1 km - 1st: R1 000 | 2nd: R500 | 3rd: R250  
Junior Prize - 1st Junior: R500

### Venue

- Start & Finish: Rugby field

### Special Entry

- Athletes 70+ years receive free entry for the 10 km and 21.1 km
- No prize money applies to this category

### Entries

- Online entries: [entrygeek.com](https://www.entrygeek.com)
- Online pre-entries encouraged
- Race-day entries available (additional R20)

### Cut-Off Times

- 10 km: 2 hours
- 21.1 km: 3 hours

Medals awarded to all finishers  
Spot prizes awarded throughout the day

**27 APRIL 2026**

**SYBRAND VAN NIEKERK HIGH SCHOOL - SABIE**

Online Entries Close 20 April 2026

## RACE RULES & CONDITIONS

### General Rules

- REFEREES' DECISION IS FINAL
- Obey all Traffic Officials and Race Marshals at all times.
- The race will be run according to the rules of ASA, World Athletics (WA), and AMPU House Rules.
- By entering this event, all athletes declare that they participate at their own risk and indemnify the organisers and sponsors against any responsibility for injury, loss, or damage.
- The use of earphones or headphones during the race will lead to disqualification.
- No seconding or pacing of any kind is allowed.

### Foreign Athletes

- Any foreign athlete is subject to World Athletics Rule 4.2 and must provide a clearance permit from their home federation.
- The permit must be presented to the organisers before participation.

### Age Restrictions

- 10 km: 14 years or older on race day
- 21.1 km: 16 years or older on race day
- Proof of age (ID) must be produced upon request on race day.
- Junior winners must provide a birth certificate with a fixed ID photo attached.

### ASA Licences & Race Numbers

- ASA-registered athletes must wear full registered club colours on race day.
- Both 2026 ASA licence numbers must be worn. One on the front and one on the back of the vest.
- ASA and province logos may not be covered by any paper race numbers or race bibs.
- If a race bib is issued, it must be worn on the front of the vest, over the ASA licence, but must not cover the ASA or province logo.
- If a race bib is issued, the temporary licence must be worn at the back, with the race bib on the front.
- Temporary licences must be worn on the front of the vest.
- Complete the temporary licence tear-off slip immediately and hand it to the organiser.

### Age Category ID Tags

- Athletes competing for age category prizes must wear age category ID tags:
- Clearly displayed front and back, worn for the entire duration of the race back
- Fixed on all four corners
- Not covered by rain jackets or any other clothing

### Prize Giving

- Category winners must be present at the prize-giving ceremony or make prior arrangements to collect prizes.
- Failure to do so will result in forfeiture of prize money.

### Environmental Responsibility

- No littering — please make use of waste bins provided along the route.
- RUN CLEAN.

### Media

- All participants must note that photographs may be taken during the event and shared on social media.



**SABIE SHUFFLERS 3-IN-1 RACE IS PRESENTED AS PART OF THE SABIE FOREST FESTIVAL ACTIVITIES AND IN PROUD ASSOCIATION WITH THE FOLLOWING SPONSORS**

**RACE QUERIES: CHRIS DE BEER 0828773823**